

Youth and Family Initiative for A Healthy Community

- PRIDE Survey conducted in FCPS middle and high schools in Oct 2015 – 4450 respondents
- Community Dialogue on Mental Health and Substance Use held in April 2016 – 90+ participants
- Recommendations from Dialogue in four goal areas
- Additional goals added to address the opioid epidemic specifically
- Work teams formed for each goal
- Mental Health School Coalition, facilitated by Mental Health Association, is coordinating body for the work of the teams

Organizations/individuals involved to date in the Initiative Work Teams:

Mental Health Association of Fauquier County
Fauquier County Public Schools
Children's Services (CSA)
Fauquier Sheriff's Office
Fauquier CADRE
Rappahannock Rapidan Community Services
Boys and Girls Club
Verdun
Marianne Clyde Holistic Health Center
Chrysalis Counseling
Juvenile Court Services
Fauquier Department of Social Services
Fauquier Health

Families Overcoming Drug Addiction
Come As You Are Coalition
Parent Resource Center
School Support Council
Families 4 Fauquier
Fauquier Health Neo-natal Unit
Healthy Families
Piedmont Dispute Resolution Center
Warrenton Town Police

Goals	Objectives	Strategies	Lead	Progress 3/1/17
<p>1. Decrease stigma and increase early identification of youth at risk of mental health problems or addiction through comprehensive awareness campaign</p>	<p>Train 1000 people in Youth Mental Health First Aid</p> <p>Inform community of:</p> <ul style="list-style-type: none"> • Progress toward meeting our goals • How to access prevention and treatment programs • Resources like Check-in/Check-out available thru FCPS • Early Identification Campaign re. MH and SU Disorders • Prevention and early ID of pregnant women and substance use • Opioid/Heroin Awareness campaign <p>Involve students in messaging to peers</p>	<p>Hire marketing expertise to design campaign</p> <p>Work with SADD groups at high schools to develop messaging for kiosks and other distribution</p> <p>Faith community awareness initiative</p>	<p>Frank Finn, FCPS</p>	<p>652 trained in Youth MHFA to date</p> <p>CAYA 5K Run</p> <p>Shannon Simpson working with SADD groups</p> <p>MHAFC applying for funds to hire marketer</p> <p>Police and Church Coalition</p> <p>Coordinate efforts with CRUSH</p>
<p>2. Implement Evidence based Prevention Programs</p>	<p>Research current prevention programs in schools and community</p> <p>Assess gaps in prevention programming</p> <p>Research evidence-based programs</p>	<p>Hire a consultant from National Council for Behavioral Health to assist in development of a comprehensive and coordinated Prevention Program</p>	<p>Kathleen Weghorst, CADRE</p>	<p>True Stories program available for local groups</p> <p>Operation Prevention Curriculum to be introduced in middle and high schools between now and</p>

				<p>October 2017, Preventure Pilot being considered</p> <p>FCPS/Community team to review other prevention options</p> <p>CADRE Lock Your Meds program being implemented in community</p>
<p>3. Increase availability of and access to treatment services</p>	<p>Develop comprehensive resource database of all MH/SA providers</p> <p>Identify service gaps and develop plan to address gaps: Explore use of telemedicine Increase medication assisted treatment options</p> <p>Explore drug court model</p> <p>Encourage providers to work with schools on Check-in/Check-out as a resources to assist at risk students</p> <p>Research need for an evaluation, information, referral center</p>		<p>Sallie Morgan, Mental Health Association</p>	<p>Resource database being finalized</p> <p>CAYA/CRUSH info. trifold distributed</p> <p>RRCS grant possibility for treating SUD in ages 16-25</p> <p>Free Clinic piloting Collaborative Care utilizing tele-therapy and tele psychiatry</p>

<p>4. Support parents in dealing with mental health and substance use issues</p>	<p>Assess parents needs Involve parents in solutions Develop strategies to meet parents needs Explore development of Parent Resource Center in community</p>		<p>Caroline Folker, FODA</p>	<p>FODA support group Parent survey being finalized</p>
<p>5. Assist in addressing the Opioid Epidemic in our area</p>	<p>Identify opioid/SUD specific prevention programs and implement in schools and in community settings</p> <p>Community Awareness Campaign</p> <p>Develop system of care to identify and support addicted pregnant women and their babies</p> <p>Train Recovery coaches</p> <p>Advocate for MH/SUD therapist to provide services in local jail</p>		<p>John Waldeck, Mental Health Association</p>	<p>Operation Prevention Curriculum to be introduced in middle and high schools between now and Cot. 2017</p> <p>True Stories prevention Program</p> <p>Recovery Coaches trained - CAYA</p> <p>Lock Your Meds program</p> <p>Neo-natal program ready to roll out</p>
<p>6. Putting it all together: Develop wellness/resource/information and referral center</p>	<p>PATH Foundation hired a consultant to develop a plan to meet behavioral health needs in Area.</p>		<p>Sallie Morgan, Mental Health Association</p>	<p>MHAFC working with PATH Foundation on long term behavioral health plan</p>